DANCE WERKSHOP

HOSTED BY APPLETON WEST HIGH SCHOOL

Sunday, November 15, 2015 9:00am-4:00pm

$55 PER DANCER

Join renowned dance innovator and educator Ellen Werksman and her talented Dancewerks staff in a custom designed workshop tailored to serious students of dance AND emerging dance teams who wish to deepen their study in a focused and fun atmosphere!

Come experience one day of intensive training featuring inspiring, motivating, and charismatic instructors within a real-world dance experience. This Dance Werkshop is a one of a kind event held in the Fox Valley bringing together studio, all-star, and scholastic dancers for a day of learning, education, and excitement! Overnight accommodations are available for those who would like to stay in the area and whether or not you compete at the Terror Spirit Open, you are welcome to attend Sunday's events!

TSO is committed to bringing you the very best judges, and we are proud to give you the unique opportunity to spend one-on-one time with them the following day as well! This day long intensive will offer rotating master classes in the areas of **Hip Hop**, **Contemporary**, **Leaps & Turns**, and **Stretch & Strengthen**. Workshop attendees will be divided into youth, junior, and senior age levels for each session of master classes.

Individuals registered early will have the added bonus of participating in the 15-minute adjudication sessions offered by Ms. Werksman on a first come, first served basis between 10:00am-3:00pm. For our Saturday competitors, Ms. Werksman will also review routine videos and TSO score sheets in preparation for Sunday's workshop and provide tips and suggestions for improving your routines for the upcoming competitive season.

ADJUDICATION/CRITIQUING SESSIONS

~Limited to the first 20 individuals/small groups registered and paid
~Includes review of TSO scores sheets/videos for Saturday competitors

SUNDAY GENERAL SCHEDULE

9:00-9:30 Registration in Seim's Gym
9:30-10:15 Hot Mix Warm-up for All
10:30-11:25 Master Classes and Adjudication with Ellen Werksmen
11:30-12:25 Class Rotations/Adjudication
12:30-1:10 Lunch---Concessions Available
1:10-1:25 Re-start Warm-up in Seim's Gym
1:30-2:25 Class Rotations/Adjudication
2:30-3:25 Class Rotations/Adjudication
3:30-4:00 Cool Down/Closing Session for All

REGISTRATION

Individual dancers and team coaches interested in registering for Sunday's workshop should email Coach Cydnee Totzke at totzkecydnee@aasd.k12.wi.us no later than **Friday, November 6** for more information. Finalized schedule will be available at www.appletonwestperformanceteam.weebly.com at the beginning of November.

Complete the following registration form for each participating dancer and return with check or money order to:

APPLETON WEST PERFORMANCE TEAM
610 NORTH BADGER AVENUE
APPLETON, WI 54912

SUNDAY DANCE INTENSIVE REGISTRATION

DANCER'S NAME _____

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

STUDIO/TEAM NAME _____

EMAIL ADDRESS *Sunday's dance intensive information and updates will be sent via email/ please print legibly*

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DANCER'S AGE _____ *Sessions will divided by youth, junior, and senior age levels* **DANCER'S BIRTHDATE** _____

PAYMENT ENCLOSED $_____ *Checks payable to Appleton West Performance Team*

MEDICAL RELEASE FORM

I hereby agree to hold harmless Dancewerks International or Appleton West High School coaches, staff, or volunteers from any and all claims of injuries sustained while participating in any class or activity associated with this workshop. I give permission for my child to be photographed and/or videotaped. These photographs or videos can be used for promotional products, without further compensation.

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PARENT/GUARDIAN SIGNATURE